# Christian Moms



# A Biblical Guide to Improving Your Teen's Bad Attitude



Get your teen to turn their 'tude around!

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Navigating the intricate terrain of parenting teenagers, as a Christian mom, requires a delicate balance between love, guidance, and reliance on biblical principles. The teenage years often bring about unique challenges, including rebellious attitudes and a quest for independence. As you seek to address your teenager's challenging behavior, turning to the wisdom of the Bible can provide a solid foundation for both you and your child.

In this 10 day devotional, we'll explore actionable steps grounded in scripture to help you foster a harmonious relationship with your teenager and guide them through this crucial phase of life.

Each day has Bible verses to read, an action to take, and a prayer.

### **Day 1: Prayerful Reflection**

- *Scripture:* Philippians 4:6-7; James 1:5
- *Action:* Begin with a prayer for wisdom, patience, and understanding in dealing with your teenager's attitude. Reflect on your own actions and attitudes as a parent.

**Prayer:** Heavenly Father, grant me the wisdom to navigate the challenges of parenting. Instill in me patience and understanding as I seek to address my teenager's attitude. May your divine guidance illuminate my path, leading me to respond with love and grace. In Jesus' name, I pray. Amen.

## **Day 2: Open Communication**

- *Scripture:* Proverbs 18:13; James 1:19
- *Action:* Engage in open communication with your teenager. Encourage them to express their feelings without judgment. Listen attentively and seek to understand their perspective.

**Prayer:** Gracious God, grant me the ability to communicate openly and lovingly with my teenager. May our conversations be filled with understanding and compassion. Let Your wisdom guide my words and actions. In Jesus' name, I pray. Amen.

# Day 3: Setting a Godly Example

- *Scripture:* 1 Timothy 4:12; Ephesians 5:1-2
- *Action:* Demonstrate the attitudes and behaviors you desire to see in your teenager. Emphasize love, humility, and patience in your interactions.

**Prayer:** Lord, help me to embody the virtues I wish to instill in my teenager. May my actions reflect Your love, humility, and patience. Strengthen me to be a living example of Your teachings. In Jesus' name, I pray. Amen.

#### **Day 4: Teaching Respect**

- *Scripture:* Ephesians 6:1-4; Matthew 7:12
- *Action:* Share biblical principles about honoring parents and treating others with respect. Discuss the importance of the Golden Rule.

**Prayer:** Heavenly Father, guide me as I impart the value of respect to my teenager. May Your Word shape their understanding of honoring parents and treating others with kindness. In Jesus' name, I pray. Amen.

#### Day 5: Consequences with Love

- *Scripture:* Proverbs 22:15; Hebrews 12:11
- *Action:* Implement consequences for disrespectful behavior, ensuring they are delivered with love and a focus on correction rather than punishment.

**Prayer:** Gracious God, grant me the wisdom to discipline with love. May the consequences I impose lead to correction and growth, fostering a deeper understanding of Your love. In Jesus' name, I pray. Amen.

#### **Day 6: Guidance from Proverbs**

- *Scripture:* Proverbs 15:1; Proverbs 22:6
- *Action:* Share wisdom from the Book of Proverbs, focusing on verses that emphasize the power of gentle words and the importance of proper training.

**Prayer:** Lord, as I share the wisdom of Proverbs with my teenager, may Your truth resonate in their hearts. Guide me in imparting the value of gentle words and proper training. In Jesus' name, I pray. Amen.

#### **Day 7: Encourage Personal Responsibility**

- Scripture: Galatians 6:5; Colossians 3:23
- *Action:* Help your teenager understand the concept of personal responsibility and accountability for their actions. Encourage a strong work ethic.

**Prayer:** Heavenly Father, instill in my teenager a sense of personal responsibility. May they understand the importance of accountability and embrace a strong work ethic. In Jesus' name, I pray. Amen.

#### Day 8: Counseling with Scripture

- *Scripture:* Proverbs 19:20; Galatians 6:1
- *Action:* Seek professional or pastoral counseling if needed, incorporating biblical principles into the counseling sessions.

**Prayer:** Lord, guide the counseling process with Your wisdom and grace. May the application of Your Word during counseling sessions bring healing, understanding, and positive transformation. In Jesus' name, I pray. Amen.

#### **Day 9: Foster a Godly Environment**

- *Scripture:* Psalm 101:3; 1 Corinthians 15:33
- *Action:* Create an atmosphere at home centered around God's Word. Encourage positive influences and limit exposure to negative influences.

**Prayer:** Gracious God, let our home be a haven for Your Word. Guard us against negative influences and surround us with Your positive and uplifting presence. In Jesus' name, I pray. Amen.

#### Day 10: Consistent Love and Grace

- Scripture: Ephesians 4:2; 1 Corinthians 13:4-7
- *Action:* Shower your teenager with unconditional love and grace. Model God's love, emphasizing that your love remains steadfast even when mistakes are made.

**Prayer:** Heavenly Father, fill our home with the boundless love and grace found in Your Word. Help me to consistently love my teenager, offering grace as a reflection of Your enduring love for us. In Jesus' name, I pray. Amen.

End the study by praying for continued guidance and growth in your family's faith journey.

Parenting is a journey marked by growth, challenges, and an unwavering commitment to love. As you embark on the path of addressing your teenager's attitude, remember that God's grace is a constant companion. Your role as a Christian mom involves not only correcting behavior but also embodying the values you wish to instill. Through prayer, communication, and the application of biblical principles, you can navigate the complexities of parenting teenagers. Stay steadfast in your faith, trust God's plan, and embrace the transformative power of love and grace in shaping the character of your teenager.

May your home be a haven of God's teachings, where love and understanding prevail.

If you want more encouragement read our blog HERE.